



**Bolton on Swale St Mary's Church of England Aided Primary School**

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Headteacher Mrs Nicola Dobson

*'Developing the whole child'*

Newsletter Friday 11th October 2019 Our Christian value this half term is 'Friendship'

**Celebrating World Mental Health Day with the 5 Ways to Wellbeing**

On World Mental Health Day 2019, Thursday 10th October, we discussed the importance of keeping our brains healthy as well as our bodies. We revisited all the ways in which we regularly think about the '5 Ways to Wellbeing'. Class 2 thought about how important it is to 'Give' and we all received wonderful smiles!



TALK & LISTEN,  
BE THERE,  
FEEL CONNECTED



DO WHAT YOU CAN,  
ENJOY WHAT YOU DO,  
MOVE YOUR HOOD



REMEMBER  
THE SIMPLE  
THINGS THAT  
GIVE YOU JOY



EMBRACE NEW  
EXPERIENCES,  
SEE OPPORTUNITIES,  
SURPRISE YOURSELF



Your time,  
your words,  
your presence

Our whole school well being focus was 'Take Notice'. We took time to appreciate our beautiful natural environment. Pictured below are our Reception children creating an outdoor autumn collage. Class 3 noticed the spectrum of autumn colours.



**Mindful Walk**

We have also included a Mindful Walk activity as an optional homework this week. You might like to try it with your family.



**Science investigation in Class 4** Class 4 built their own 'ski jump' to scale this week to allow them to investigate forces and the movement of an object whilst controlling different variables. They worked together to observe and record the distances travelled. They calculated averages across their readings for reliability and controlled variables relating to surface materials and mass of objects. It was a great team effort- well done!

**Book Fair thank you** A huge thank you to everyone who supported our Book Fair this week. We received £214 in commission which will be used to update our reading books and class and school library.

**School Photographs** - individual and family groups were taken today and the children have proofs for ordering in their bags tonight.

**Congratulations to our KS2 footballers** Well done to our Y3/4 and Y5/6 boys football teams who competed against other schools in the Richmond area tournament this week. They displayed important personal qualities of team work, resilience and perseverance.

**Our Year 3/4 Team were the tournament winners finishing in 1st place.**



**Our Y5/6 Team finished 3rd in their group.**



**Class 4 visit to Richmond Wednesday 23rd October** To support their local study of Richmond, Class 4 will visit the Georgian Theatre and the Green Howards Museum. They will research key events in the history of Richmond. In the afternoon they will complete field work activities looking at land use and developing their mapping skills. Children will require a packed lunch. More details and consent forms to follow next week.

**A reminder to Reception parents** to complete the online health questionnaire.

**Register online for your child to have the flu vaccination in school for Reception to Year 6**

Go to [www.hdff.nhs.uk/flu-consent](http://www.hdff.nhs.uk/flu-consent). Click on the link in the grey box which says "Click here for the online consent form." Enter the School Code **121604** and click "Find School".

Complete the form with your child's information and parent/guardian contact information\*. Click the green "Submit" button.

**Class 1 Parental Assembly reminder Thursday 17th October 9.30am** Parents and carers of children in Class 1 are invited into school on Thursday 17th October at 9.30am to share in this with us.

**Reception Parent Teacher Consultation Afternoon Tuesday 22nd October** Please sign up for a time in the office entrance area from Monday or call/email the office.

**Harvest Festival in St Mary's Church, Friday 25th October at 2pm** Everyone is invited to join us in Church for this service which is led by the children. In the week leading up to Harvest Festival we will be collecting items for Richmond Foodbank (tins) and raising money for our global charity Farm Africa. School Council are busy planning for this. Through the Parish we are also encouraging support for Tool Aid which reconditions tools for use in African countries. Contact the parish on: [admin@esbb.co.uk](mailto:admin@esbb.co.uk)

**Parent Governor Vacancy** We have one vacancy for a parent governor on our governing body. Letters went home last week with more detailed information. The closing date for handing in your forms is Friday 18th October so please do speak to me if you would like more information about what is involved. This is an important way in which you can support our school.

If you would like to receive this newsletter by email please email the admin address above.

Please do not hesitate to contact me if you have any queries.

Your sincerely,

Nicola Dobson