



Bolton-on-Swale St Mary's Church of England Primary School

'To love, live and learn together'

Relationships, Sex and Health Education Policy Bolton-on-Swale St Mary's Church of England Aided Primary School

Vision

Our approach to Relationships, Sex and Health Education is underpinned by our school's vision and core Christian values

Our vision is for all in our school family to:

Love *themselves and others as children of God*

'Love one another as I have loved you.' (John 15:12)

Live *life to the full in all aspects of their development; academically, spiritually, physically, mentally and culturally*

Jesus said 'I have come that you may have life in all its fullness' (John 10:10). Jesus calls us to a full life in mind, body, heart and spirit. Therefore, we believe the purpose of education is to nurture and enable every child to thrive and to be the person they are fully capable of being.

Learn *to be the best they can be*

'And the child grew and became strong; he was filled with wisdom...' (Luke 2:40)

Christian Values:

**Love, Creation, Forgiveness, Friendship, Hope, Justice, Peace, Respect, Honesty,
Thankfulness, Trust, Community**

Principles

Our school follows the principles in the Church of England Charter for faith sensitive and inclusive relationships, sex and health education (RSHE). The approach is underpinned by two key Biblical passages:

'So God created humankind in his image, in the image of God he created them.'(Genesis 2.7)

'I have come in order that you might have life - life in all its fullness.' ('John 10:10)

<https://www.churchofengland.org/more/education-and-schools/church-schools-and-academies/relationships-sex-and-health-education>

The school is fully committed to our statutory responsibilities with regard to the Equalities Act 2010

www.legislation.gov.uk/ukpga/2010/15/contents

All our work in relation to RSHE is undertaken with the same duty of safeguarding children, which applies to all school practice. Our safeguarding policies and procedures can be located on our school website.

RSHE is taught with appropriate links made to the school's vision and values. Learning is placed within context and related to how we can love, live and learn together in every aspect of our development.

At Bolton-on-Swale St Mary's CE Primary School, everyone will be treated with dignity as all people who are made in the image of God and are loved equally by God.

All pupils have a right to an education which enables them to flourish and is set in a learning community where differences of lifestyle and opinion (within that which is permissible under UK law) are treated with dignity and respect; where bullying of all kinds is eliminated; and where they are free to be themselves and fulfil their potential without fear.

Our school seeks to ensure that the RSHE curriculum protects, informs and nurtures all pupils. It clearly differentiates between factual teaching (biology, medicine, the law, marriage, different types of families and the composition of society) and moral teaching about relationships and values, recognising that the distinction can be easily blurred and that there needs to be discernment about the manner in which this is taught. We teach RSHE within a moral (but not moralistic) framework.

RSHE in Bolton-on-Swale St Mary's Church of England Primary School is about what constitutes wellbeing and loving care for ourselves (physical and mental health education), how we show loving care for others (relationships education) and, when at an appropriate age and stage in life, how we show loving care to those we choose to be intimate with, including within marriage (sex education).

It is also about the spiritual and moral aspects of healthy, loving and nurturing relationships within a context of a Christian vision for the purpose of life.

Pupils will consider how to ensure that they treat themselves and others, at all times and in all contexts, with dignity and respect.

Defining Relationships Education (Refer to Appendix 1 for links to teaching materials)

Relationships Education is learning about how to:

- be appreciative of existing relationships;
- form new healthy friendships; and
- enjoy strong positive, caring, relationships with good boundaries, online and in person.

This will particularly refer to family relationships (including marriage), friendships and relationships with peers and adults.

Defining Sex Education (Refer to Appendix 1 for links to teaching materials)

Sex Education is about reproduction: learning how babies can be made and the emotions that people experience when they are ready for close intimacy.

The national curriculum for science includes content about human body parts, growth, puberty and gestation. Parents do not have the right to withdraw from this aspect of the curriculum.

In this school we have decided that it is important to include basic information about what happens in sexual intercourse between a man and a woman to educate the children in our community for adulthood (and for secondary school). This will be delivered in their last two years (Year 5 and 6) of primary school. It will complement the work in the national curriculum science education on human body parts, growth, puberty, conception and gestation. It will be set in the context of relationships education and the underpinning Christian values and ethos of our school.

The right to withdrawal from Sex Education

Parents do have the right to excuse their children from this aspect of RSHE and can do so by making concerns known and applying in writing to the Head teacher. The school will invite any enquiring parents or legal guardians to talk through concerns. An explanation of the rationale for RSHE will be given; an opportunity will be offered to review the intended materials and to consider the impact of not receiving sex education with peers.

Withdrawing a child from sex education remains a statutory right as a parent or legal guardian. If a pupil is excused from sex education it is the school's responsibility to ensure that the pupil receives appropriate, purposeful education during the period of withdrawal. There is no right to withdraw from relationships education or health education.

The school will document this process to ensure a record is kept.

Defining Health Education (Refer to Appendix 1 for links to teaching materials)

Health education is learning about physical health and mental wellbeing so that pupils can make wise choices to ensure their own flourishing and the flourishing of others.¹

¹ See *Mental Health and Wellbeing: Towards a Whole School Approach* (March 2018)

The RSHE Curriculum and teaching materials

At Bolton-on-Swale St Mary's Church of England Primary School we will teach topics and content for Relationships, Sex and Health Education for Years 1 -6 using resources from 'Goodness and Mercy', a scheme of work for Church of England Schools. Some of these topics and content are also delivered in Science, PE, Computing, English, and RE lessons. They are also interwoven through the distinctive ethos and values of our school and are reflected and responded to in Collective Worship.

See Appendix 1 below for more information on the content and resources used in each year group.

Reception Year

For children in their Reception year, The Early Years Foundation Stage Statutory Framework – Early Learning Goals (ELG) will form the basis of their Relationships and Health Education. These are included in:

- **Communication and language**
This involves giving children opportunities to speak and listen in a range of situations and to develop their confidence and skills in expressing themselves. ELG 01 Listening and attention; ELG 02 Understanding; ELG 03 Speaking;
- **Physical**
ELG 05 Health and self-care: children know the importance for good health of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe. They manage their own basic hygiene and personal needs successfully, including dressing and going to the toilet independently.
- **Personal, social and emotional development**
ELG 06 Managing feelings and behaviour: children talk about how they and others show feelings, talk about their own and others' behaviour, and its consequences, and know that some behaviour is unacceptable. They work as part of a group or class, and understand and follow the rules. They adjust their behaviour to different situations, and take changes of routine in their stride. Making relationships: children play co-operatively, taking turns with others. They take account of one another's ideas about how to organise their activity. They show sensitivity to others' needs and feelings, and form positive relationships with adults and other children.

ELG 07 Managing feelings and behaviour: children talk about how they and others show feelings, talk about their own and others' behaviour, and its consequences, and know that some behaviour is unacceptable. They work as part of a group or class, and understand and follow the rules. They adjust their behaviour to different situations, and take changes of routine in their stride.

ELG 08 Making relationships: children play co-operatively, taking turns with others. They take account of one another's ideas about how to organise their activity. They show sensitivity to others' needs and feelings, and form positive relationships with adults and other children.

ELG 13 People and communities: children talk about past and present events in their own lives and in the lives of family members. They know that other children don't always enjoy the same things, and are sensitive to this. They know about similarities and differences between themselves and others, and among families, communities and traditions.

ELG 14 The world: children know about similarities and differences in relation to places, objects, materials and living things. They talk about the features of their own immediate environment and how environments might vary from one another. They make observations of animals and plants and explain why some things occur, and talk about changes.

Years 1 – 6

For children in Years 1 – 6 the DfE requirements for Relationships, Health and Sex Education are set out in the document below. As a primary school, we are required to teach only those elements for KS1 and KS2.

These are the requirements for RSHE from the Department for Education [click [here](#)].

The additional sex education material we will cover in Year 5 and 6 is outlined in the 'Goodness and Mercy' scheme below in Appendix 1. Scroll down to the KS2 (Year 5 and 6) Possible Activities Plan –Sex Education, to view these resources and lesson plans.

Appendix 1: Teaching Resources – 'Goodness and Mercy' *Goodness & Mercy* is a selection of RSHE resources written primarily for Church of England schools.

<https://goodnessandmercy.co.uk/teaching-resources/>

Both Key Stage 1 (Years 1 and 2) and KS2 (Years 3 ,4 ,5 and 6) have Knowledge Organisers for Health Education and Relationships Education. Key Stages 2 has a Knowledge Organisers for Sex Education as well. **This will delivered in Year 5 and 6 only.**

These knowledge organisers include learning objectives and outcomes, dual coding, key vocabulary and underlying theological drivers. They can be used to audit current provision and to plan teaching. They can also be adapted and used for pupils and parents to communicate expectations.

The Possible Activity Plans offer lesson ideas and free downloadable resources that may be used to help to deliver the expected learning outcomes. Each lesson includes emerging, expected and exceeding outcome statements as well as lesson ideas to help teachers to plan for learners' needs and to assess progress.

These knowledge organisers and activity plans provide teachers with flexibility to meet the individual needs of children in our classes, depending on personal circumstances and background of families and the contextual needs of our school.

Key Stage 1

1. [KS1 Knowledge Organiser – Health Education](#)
2. [KS1 Knowledge Organiser – Relationships Education](#)
3. [KS1 Possible Activities Plan – Health Education](#)
4. [KS1 Possible Activities Plan – Relationships Education](#)

Key Stage 2

1. [KS2 Knowledge Organiser – Health Education](#)
2. [KS2 Knowledge Organiser – Relationships Education](#)
3. [KS2 \(Year 5/6\) Knowledge Organiser – Sex Education](#)
4. [KS2 Possible Activities Plan – Health Education](#)
5. [KS2 Possible Activities Plan – Relationships Education](#)
6. [KS2 \(Year 5/6\) Possible Activities Plan – Sex Education](#)

Policy approved by the Governing Body: 5th July 2021 (subject to consultation).

Policy renewed every three years or earlier if required.

