



Bolton-on-Swale St Mary's CE Aided Primary School
Scorton, Richmond,
North Yorkshire DL10 6AQ
E-mail: admin@bolton-on-swale.n-yorks.sch.uk
Tel: 01748 818401
Headteacher: Mrs Nicola Dobson

'To love, live and learn together'

12.1.24

Year 5/6 Class 4 Science, Relationships, Health and Sex Education

Dear Parents and Carers,

We would like to share with you more detail around the curriculum your child will be following in Science, Relationships, Health and Sex Education this half term. We believe that consulting and working with you in partnership as parents, best supports your child to be healthy, safe and happy as they grow up in the world today.

Science, Relationships and Health Education

During this half term (in the next 4 weeks) Class 4 will study Animals including humans as part of their Science curriculum.

This includes:

- the life process of reproduction in plants and animals; life cycles of mammals, amphibians, insects and birds
- the changes as humans develop to old age; changes for boys and girls during puberty; physical and emotional changes and implications for health and hygiene also.

Boys and girls will receive the same factual teaching in relation to the key objectives above. There will be a separate session for boys (with Mr Ramsbottom and Mrs Brooks) and girls (with Mrs Dobson and Mrs Smith) regarding more detail around changes in puberty for boys and girls. For girls in particular, this will involve support around managing their periods.

The above Science curriculum and Relationships and Health Education are a statutory requirement for all primary age children. There is no right for parents to withdraw their child from the above. We are always sensitive to the needs and developmental stages of our children in the delivery of the curriculum.

Sex Education

A primary school can choose to teach Sex Education. In our school we are choosing to teach the specific objectives below in Year 5/6 only and in the context of the above Science, Relationships and Health Education curriculum. Highlighted objectives below relate only to Sex Education; non highlighted objectives are part of the Science, Relationships, Health curriculum.

- How people choose to have babies and how to choose the right time
- How most babies are made
- What happens in sexual intercourse between a man and a woman and the names of the body parts involved
- What the law is on the age of consent for sex



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- Some people believe the best context for this level of closeness is in a long-term, faithful relationship such as marriage. Some people prefer to be celibate
- What happens at conception
- What happens between conception and birth; be able to explain the journey from pregnancy to birth (delivered as part of the Science curriculum)
- Having a baby can be a wonderful event in people's life and is a huge responsibility.

Right to withdraw your child

If you do not want your child to take part in some or all of the lessons on Sex Education (highlighted in the objectives above and involving 1-2 lessons), you can ask that they are withdrawn. Please contact Mrs Dobson in school by email: headteacher@bolton-on-swale.n-yorks.sch.uk or phone: 01748 818401.

If you would like more information

Please contact Mrs Dobson or Mr Ramsbottom if you have any questions or would like more information. For Sex Education we use teaching resources from the scheme Goodness and Mercy. These are RSHE resources written primarily for Church of England Schools whilst also meeting the DfE Statutory requirements 2020: <https://goodnessandmercy.co.uk/>

You can also view the teaching resources we will be using by clicking on the links in Appendix 1 of the Relationships, Sex and Health Education Policy on our school website under About Us/Policies.

With my best wishes,

Nicola Dobson
PSHCE and RSHE Lead

Head teacher



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