

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Ball Skills: Feet Locomotion: Walking	Dance: Nursery Rhymes Ball Skills: Hands 1	Gymnastics: High, Low, Over, Under Locomotion: Jumping	Gymnastics: Moving Ball Skills: Hands 2	Ball Skills: Rackets, Bats and Balloons Swimming	Attack vs Defence: Games for understanding Sports Day Practice
Year 1/2	Ball Skills: Feet (Y1 unit) Locomotion: Running (Y1 unit) and Jumping (Y2 unit)	Dance: Explorers (Y2 unit) Ball Skills: Hands (Y2 unit)	Gymnastics: Wide, narrow, curled (Y1 unit) Team Building (Y2)	Gymnastics: Body Parts (Y1 unit) Ball Skills: Racket, Bats and Balls (Y2 unit)	Locomotion: Dodging (Y2 unit) Swimming	Games for Understanding (Y2) Sports Day Practice
Year 3/4	Athletics: Running (Y3 unit) Invasion Games: Football (Y4 unit)	Dance: Weather (Y3 unit) Health and Wellbeing: Mindfulness (Y4 unit) Adapted Games for inside: Sit Down Volleyball	Gymnastics: Symmetry and Asymmetry (Y3 unit) Invasion Games: Hockey (Y4 unit)	Net/Wall: Tennis (Y3 unit) Invasion Games: Game sense (Y4 unit)	Striking and Fielding: Cricket (Y3 unit) Swimming	Outdoor and Adventurous: Communication and Tactics (Y4 unit) Athletics (Y4 unit) Wider Opportunities: Tri-Golf
Year 5/6	Invasion Games: Football (Y6 unit) Health Related Exercise (Y6 unit)	Dance: Titanic (Y6 unit) Invasion Games: Netball (Y6 unit) Adapted Games for inside: Sit Down Volleyball Marrick Priory (orienteeing)	Gymnastics: Counter Balance and Counter Tension (Y5 unit) Invasion Games: Hockey (Y6 unit)	Net/Wall: Tennis (Y6 unit) Invasion Games: Game sense (Y6 unit)	Striking and Fielding: Cricket (Y6) Swimming	Outdoor Adventurous: Communication and Tactics (Y6) Athletics (Y6 unit) Wider Opportunities: Tri-Golf

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Reception</b>	Ball Skills: Feet Locomotion: Walking	Dance: Ourselves Ball Skills: Hands 1	Gymnastics: Moving Locomotion: Jumping	Gymnastics: Higher, Lower, Under Ball Skills: Hands 2	Ball Skills: Rackets, Bats and Balloons Swimming	Attack vs Defence: Games for understanding Sports Day Practice
<b>Year 1/2</b>	Ball Skills: Feet (Y2 unit) Ball Skills: Racket, Bats and Balls (Y2 unit)	Dance: Growing (Y1 unit) Ball Skills: Hands 2 (Y1 unit)	Gymnastics: Pathways (Y2 unit) Health and Wellbeing (Y2)	Gymnastics: Linking (Y2 unit) Locomotion: Dodging (Y2 unit)	Locomotion: Jumping (Y1 unit) Swimming	Games for Understanding (Y2) Sports Day Practice
<b>Year 3/4</b>	Health and Wellbeing: Mindfulness (Y3 unit) Invasion Games: Tag Rugby	Dance: Space (Y4 unit) Invasion Games: Netball (Y3 unit) Adapted Games for inside: Sit Down Volleyball	Gymnastics: Levels and Direction (Y4 unit) Invasion Games: Hockey (Y3 unit)	Net/Wall: Tennis (Y4 unit) Invasion Games: Dodgeball (Y4 unit)	Striking and Fielding: Cricket (Y4 unit) Swimming	Outdoor Adventure Activities: Problem Solving (Y4 unit) Athletics: Running/Throwing and Jumping (Y4 units) Wider Opportunities: Tri-Golf
<b>Year 5/6</b>	Invasion Games: Tag Rugby (Y5) Health Related Exercise (Y5 unit)	Dance: Greeks (Y5 unit) Invasion Games: Netball (Y6 unit) Adapted Games for inside: Sit Down Volleyball	Gymnastics: Flight (Y6 unit) Invasion Games: Hockey (Y5 unit)	Net/Wall: Tennis (Y5 unit) Invasion Games: Dodgeball (Y6 unit)	Striking and Fielding: Cricket (Y5 unit) Swimming	Outdoor Adventure Activities: Problem Solving (Y6 unit) Athletics: Running/Throwing and Jumping (Y6 units) Wider Opportunities: Tri-Golf